


BEYOND SURVIVING

13TH ANNUAL ADULT BURN RECOVERY RETREAT

sponsored by the
Firefighters Burn Institute

May 1-3, 2009

*Granlibakken Resort
Tahoe City, CA*



Nestled in the beautiful Lake Tahoe area, the Granlibakken Resort provides a scenic and relaxing environment for sharing feelings and healing from the inside out.

The Beyond Surviving Retreat offers a unique opportunity for adults who have been affected by the emotional and physical pain of a serious burn injury to meet others who have gone through a similar experience and to build a network of support.

This year's retreat will focus on increasing self knowledge through therapeutic rhythm techniques and movement.




Facilitator:

◆ **Megan Bronson, PMHCNS-BC**

Megan Bronson PMHCNS-BC is a psychotherapist and consultant working in the field of grief and trauma. She has many years of experience in helping survivors of physical, psychological, and emotional trauma and traumatic loss to heal and reclaim life. She is a certified trauma consultant through the Institute for Trauma and Loss in Children in Detroit, Michigan. Megan was a staff member with the Elisabeth Kubler Ross Center until its closing in 1995, staffing and leading workshops for survivors of loss and traumatic loss nationally and internationally. She is a frequent presenter at the World Burn Congress and has developed and facilitated adult burn survivor retreats, served as psychosocial support staff at burn camps for children, and is part of a team developed by the Phoenix Society to train staff and develop programs for survivors in Rhode Island in the wake of the Station Nightclub fire and in Charleston, South Carolina for the children and families of the fallen firefighters there. She feels a deep sense of gratitude for having the honor and privilege to serve the burn survivor population.

◆ **Debra Kayden, RN**

Debra serves as the burn outreach coordinator for UC Davis Regional Burn Center. She has been a nurse for 20+ years, specializing in burn treatment for more than 15 years. She is a clinical nurse educator of burn team members, burn survivors, and other healthcare/fire service professionals. She's a speaker for public awareness, burn education and prevention. She facilitates a burn support group, is the local SOAR coordinator and serves as a burn foundation and firefighter liaison. She serves on numerous committees including the American Burn Association, Canadian Association of Burn Nurses, Sacramento Valley Juvenile Firesetters and Partners in Prevention. She has published articles pertaining to burn care, education and prevention, as well as performs duties as Editor/Chief Writer of The Burn Net newsletter.



Transportation:

The Granlibakken Resort is located approximately 90 minutes from Sacramento in Tahoe City. ***Each registrant is responsible for his/her own transportation.*** If you need assistance with transportation, please contact our office to see if ridesharing is available.

Fees/Payments:

Thanks to generous donations and grants, the Firefighters Burn Institute is able to offer this retreat for only **\$99 per participant**.

Scholarships:

Financial assistance is available and awarded on an individual basis.

Applications:

The deadline for completing applications is **March 27, 2009**.


Cancellations:

If you are unable to attend, it is important that you contact us as soon as possible. Registration is fully refundable if the cancellation is received on or before March 27th. Due to contractual obligations, ***cancellations after March 27th are non-refundable.***

For an application please contact:

Catharine Shaw, Firefighters Burn Institute
3823 V Street, Suite 4, Sacramento, CA 95817
(916) 739-8525 | catharine@ffburn.org
www.ffburn.org

Debbie Kayden, Outreach Coordinator
UCD Regional Burn Center
(916) 734-5596





From Sacramento or Reno

I-80 to Hwy 89S from Truckee to "Y" in Tahoe City. Follow Hwy 89S a ½ mile to Granlibakken Rd. Turn right and continue ¾ mile to the deck overhang of the main lodge & registration.

From Southern California

Hwy 395 to Hwy 50W in Carson City. Turn right on Hwy 28 along the east and north shores of Lake Tahoe to Tahoe City. Turn left at stop light and continue ½ mile on Hwy 89 to Granlibakken Rd. Turn right and continue ¾ mile to the deck overhang of the main lodge & registration.

From Reno/Tahoe International Airport

Take Hwy 395N onramp from airport, exit to I-80W. Use directions from Reno (above).

Airport Shuttle Service

Granlibakken offers its own shuttle service to & from the Reno/Tahoe International Airport. Seven-day advance reservations & pre-payment are required. Call (800) 543-3221 for details.

**Firefighters Burn Institute
3823 V Street, Suite 4
Sacramento, CA 95817**

Join us in beautiful Lake Tahoe in a tranquil forest setting for the

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