

“Firefighters Fill the Boot for Burns”... Volunteers Make it Possible!

Article Written By: Catharine Shaw, Program/Volunteer Coordinator



Grab your turnouts and join the fun at the next Firefighters “Fill the Boot for Burns” Boot Drive! The Firefighters Burn Institute will hold its annual Boot Drive from February 12-15, 2010. We need your help to raise funds for local burn recovery programs, education, prevention, scholarships and burn care. This annual fundraiser is the single most important source of donations for the organization.



In 2009 hundreds of firefighters volunteered thousands of hours to raise an all-time high of \$538,209.44. That’s amazing! Boot Drives were held in 46 locations throughout Northern & Central California.



Current projects supported by donations to the Firefighters Burn Institute include Firefighters Kids Camp for young burn survivors; Little Heroes Preschool Burn Camp recovery for the littlest survivors; new educational scholarships for burn care professionals and burn survivors; burn prevention, recovery & education programs; and grants for burn research. In addition, the Firefighters Burn Institute has also committed one million dollars toward the construction of the new U.C. Davis Regional Burn Center which will serve Northern & Central California and Northern Nevada.

The success of these programs relies heavily on the participation of volunteers like you. With your help, 2010 will be another successful year for donations. So please, pick up the phone, write us an email or stop by and sign up for a shift or two. You can help make a difference in the life of a burn survivor.

(List of 2009 participants on page 4)

To volunteer or for other Boot Drive locations
Please contact Catharine Shaw at
(916) 739-8525 or email catharine@ffburn.org



Firefighters Burn Institute Newsletter

FIREFIGHTERS BURN
INSTITUTE
WWW.FFBURN.ORG

Inside This Issue:

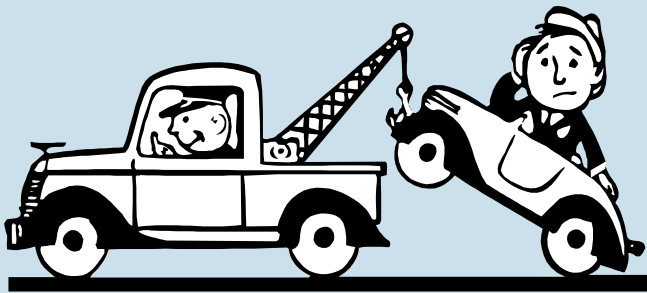
| | |
|--|------------|
| Donate Your Car to FFBI | 2 |
| Fire & Burn Prevention Tips | 2 |
| Star Volunteers | 3 |
| “Fill the Boot for Burns” Boot Drive Totals | 4 |
| Firefighters Burn Brigade | 6 |
| Little Heroes Preschool Burn Camp & Firefighters Kids Camp | 6-7 |
| Volunteer Opportunities | Back Cover |

Donate Your Car to FFBI!

Donate your car, truck, boat or RV to the
FIREFIGHTERS BURN INSTITUTE
and help support local burn programs!

Don't forget, your donation may qualify
as a tax write off!

Call (800) 513-6560
or go to www.donateacar.com



Sacramento Valley Juvenile Firesetter Program

STOP CHILDREN FROM SETTING FIRES

The Sacramento Valley Juvenile Firesetter Program provides a coordinated effort to help juvenile firesetters and their families receive the help they need through education, assessment and psychological services.

Call Toll Free 1-888-452-SAFE
or
www.firesetter.com



Fire & Burn Prevention Tips

- **Don't overload extension cords or wall sockets.** A fire caused by a faulty electrical system can destroy a home and everything in it within minutes.
- If a cooking fire starts, smother it with a pot lid or baking soda. Never throw water on a grease fire.
- **Colder Weather Means an Increased Risk of Fires:** Smoke can kill very quickly. In a flaming fire, there is an average of only 3 minutes after a smoke alarm sounds for you and your family to escape.
- With a gas fireplace, you should stay aware of any unusual smells or flames—they could be a sign of that your fireplace is not properly working.
- **Space heaters need space. Keep them at least three feet away from things that can burn,** such as curtains or stacks of newspaper. Always turn off heaters when leaving the room or going to bed.

Online Donations

The Firefighters Burn Institute now gives you an easy way to make online donations using your credit card.

The Network for Good link, thru our web site, allows you to make one time, monthly, quarterly or annual donations.

To donate online please visit our website at:

www.ffburn.org



STOP!

Please do not throw this newsletter away! Pass it along to a friend. If you know someone who would like to receive this bi-annual publication, if you have an address change or if you would like to be removed from our mailing list please email mimi@ffburn.org.

Adult Retreat



Join us for a peaceful weekend at an ocean front resort

14th Annual "Beyond Surviving" Adult Burn Recovery Retreat April 30 - May 2, 2010

Asilomar Conference Grounds, Pacific Grove, CA

Asilomar State Beach is located on the Monterey Peninsula in the city of Pacific Grove, California. Nestled along the shoreline of California's famed Monterey Peninsula, Asilomar is a tranquil ocean front retreat cradled by forests and white sand beaches. Asilomar State Beach and Conference Grounds sits on 107 acres and offers breathtaking views of the forest, surf and sand.

SIGN UP NOW! SPACE IS LIMITED!

For more information contact Catharine Shaw at (916) 739-8525 or catharine@ffburn.org

Meet the FFBI Staff



Catharine Shaw
Interim Director
Program/Volunteer
Coordinator



Shannon Munoz
Bookkeeper



Mimi Winters
Event/Program
Coordinator



Cheri Gustafson
Event/Program
Coordinator

Wishing you all a very Happy Holiday and a Wonderful, Safe New Year!



2009 Boot Drive Totals

| | |
|--|-----------------------|
| Citrus Heights | \$123,089.46 |
| Aerojet Fire Department | \$3,301.00 |
| American Canyon Fire Protection District & St. Helena Fire Department | \$1,738.55 |
| Arbuckle-College City Fire Protection District | \$500.00 |
| Auburn City Fire | \$3,369.76 |
| California Medical Facility Fire Department | \$6,353.00 |
| Cameron Park Fire Department/Cal Fire | \$12,468.00 |
| Carmel Fire Department | \$240.00 |
| City of Chico Firefighters Local 2734, Butte County Fire Rescure/CDF & Paradise Firefighters Assoc. | \$30,105.37 |
| City of Isleton Fire Department | \$4,310.57 |
| Cosumnes CSD FD | \$27,793.47 |
| Diamond Springs-El Dorado Fire Protection District | \$18,340.54 |
| Dobbins-Oregon House Fire Protection District | \$1,994.50 |
| El Dorado County F.P.D./IAFF Local 3556 | \$9,111.41 |
| El Dorado Hills F.D. | \$22,650.58 |
| Escalon Consolidated Fire District | \$13,399.16 |
| Farmington Rural F.P.D. | \$20,263.35 |
| Folsom Fire Department | \$20,830.30 |
| Foresthill Volunteer Firefighters Association | \$5,000.00 |
| Georgetown Fire Department & Garden Valley Fire Department | \$6,949.74 |
| Groveland C.S.D.F.D. | \$1,500.00 |
| Hamilton City Fire Department | \$5,238.26 |
| Herald Fire Department | \$911.00 |
| Jackson Fire Department | \$300.00 |
| Lincoln Fire/Local 4356, Placer County Fire CDF & North Auburn | \$50,147.47 |
| Loomis F.P.D., Penryn F.P.D. & Newcastle F.P.D. | \$12,132.00 |
| Merced County Firefighters | See Individual Totals |
| Gustine Volunteer Fire Department | \$6,665.00 |
| City of Los Banos FD/CDF/Merced Co. FD Station 71 | \$11,690.53 |
| Merced County Fire Department/Dos Palos Station/Dos Palos City | \$2,000.00 |
| Merced County FD/CDF Merced Station 81 & McKee Station 85 | \$4,460.45 |
| Merced County FD/CalFire Franklin/Beachwood/McSwain 61 | \$5,140.00 |
| Old Sacramento / Fanny Ann's | \$1,359.37 |
| Oroville Firefighters Local 2404 & El Medio Fire Department | \$10,558.90 |
| Pioneer Fire Protection District | \$2,813.66 |
| Placer Hills Fire Protection District | \$1,768.98 |
| Rescue Fire Protection District | \$1,669.00 |
| Rio Vista Fire Department | \$7,055.29 |
| Roseville Fire Department | \$12,717.22 |
| Scotia Volunteer Fire Department & Rio Dell Volunteer Fire Department | \$725.59 |
| Sierra Conservation Center FD | \$767.42 |
| Sonora Fire Department & Groveland C.S.D.F.D. | \$5,232.63 |
| South Lake Tahoe | \$8,098.91 |
| Stockton Fire Department | \$340.00 |
| Weaverville Fire Department & Douglas City Fire Department | \$1,300.00 |
| Western Nevada County Local Fire Agencies: <i>Grass Valley Fire Department, Higgins Fire District, Nevada City Fire Department, Ophir Hill Fire District, Penn Valley Fire District, Rough & Ready Fire District</i> | \$24,846.00 |
| Yolo County Fire Fighters: <i>Capay Valley Fire Protection District, Dunningan Fire Protection District, Esparto Fire Protection District, Madison Fire Protection District, Winters Fire Protection District</i> | \$11,963.00 |

GRAND TOTAL:

\$538,209.44

Check Out Our NEW Home!

We recently moved to a new location
*(previously known as the
Sacramento Area Fire Fighters, Local 522)*

3101 Stockton Blvd.,
Sacramento, CA 95820



The FFBI Newsletter is
NOW AVAILABLE ONLINE!
Please stop by and check us out!
www.ffburn.org



Calendar of Events

2009

December 25 UC Davis Medical Center
Holiday Project

2010

January 2 Guns & Hoses - Crab Feed
January 30 Guns & Hoses XXXVI Football
Game
February 12-15 "Fill the Boot for Burns" Boot
Drive - Sunrise Mall
February 20 Central Valley Professional Fire
Fighters Crab Feed
March 6 FFBI Crab Feed
March 9-12 American Burn Association
Conference - Boston, MA
March 13 **St. Patrick's Day Parade/Festival
& Boot Drive**
March 28 2nd Annual Firefighter Ice
Hockey
April TBD Firefighters Burn Brigade
April 30-5/2 "Beyond Surviving" Adult Burn
Recovery Retreat
May 16 2nd Annual RotoRun 5K/10K
Walk/Run
August 8-14 Firefighters Kids Camp
October 1-3 Little Heroes Preschool Burn
Camp
October 20-23 World Burn Congress -
Galveston, TX

Additional ways to donate to the Firefighters Burn Institute are thru the following organizations.



FFBI Newsletter
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Firefighters Burn Institute

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**Firefighters Burn Institute Newsletter is Produced In-House*

Little Heroes Preschool Burn Camp

Invites Families to “Come Play & Grow Together”

Article Written By: Catharine Shaw, Program /Volunteer Coordinator

Little Heroes Preschool Burn Camp is a burn recovery program designed for preschool burn survivors, ages 3-6 years old. This unique three day program helps children along with their families to understand and cope with physical and emotional challenges associated with burn recovery. The Little Heroes program also provides the opportunity for families to spend time with others overcoming similar challenges in an informal, supportive camp setting. Little Heroes is conducted by well trained and supportive volunteer staff, including burn care professionals, child life specialists, recovery support personnel and firefighters. In addition to English, this program also provides Spanish language translators.



Each segment of this program is constructed to meet the needs of each family member. The preschool children’s program focuses on healthy emotional and physical recovery with an emphasis on providing the children the opportunity to socialize with other burn survivors. The adult program assists parents and caregivers by providing the support and education necessary to nurture a child who has suffered a severe burn injury. The sibling program provides therapeutic recreational activities for older children and a daycare for younger children.

Little Heroes Preschool Burn Camp is held each fall at Camp Arroyo in Livermore, California. This beautiful facility is **graciously donated by The Taylor Family Foundation** <www.tfff.org>. It’s donations such as these that allow us to provide this program at no cost to the participants.

Firefighters Burn Brigade & BBQ

Recently, our Sacramento campus was the site of a very special gathering, the Firefighters Burn Institute’s Burn Brigade. Firefighters arrived in over 50 fire apparatus from 20 Central and Northern California counties. Activities included live music, a barbecue lunch and a firefighter honor guard. The event was a happy, celebratory occasion, but it represented much more than simply a festive atmosphere.

The Burn Brigade celebrated the 35th anniversary of the founding of the UC Davis Regional Burn Center, a unit that is an **outstanding embodiment of UC Davis Health System’s core principles of partnerships and community engagement.** The burn center first came into being as a direct result of the vision of Cliff Haskell, a Sacramento-area firefighter, who raised the money for the unit following a devastating jet crash and fire at Farrell’s Ice Cream Parlor across from the Sacramento Executive Airport in 1972. In recognition of FFBI’s longstanding and continuing support, the new burn unit in the Pavilion will be named the Firefighters Burn Institute Regional Burn Center, schedule to open in the Spring of 2010.

Special recognitions were paid to certain key individuals for their outstanding work with the FFBI throughout the year.



The *Humanitarian Award* went to Andree Enos. Corey and Jennifer Leighty were given the *Most Valuable “Fill the Boot for Burns” Boot Drive Volunteer Award*, and the *Most Valuable FFBI Volunteer of the Year* went to Oscar Barrera. Cliff & Tillie Haskell were recognized in a very special way. In honor of Cliff’s vision in founding FFBI and his dedication for over 35 years, FFBI chose to name one of the new rooms at the new UCD Burn Center the *Cliff & Tillie Haskell Waiting Room*. In addition, 45 donors and fire departments will be added to the Honor Wall in the new Burn Unit.

Thank you to all of the volunteers, fire departments and donors whose contributions made this possible.

FFBI Crab Feed Come Join the FUN!

Firefighters Burn Institute's 2010 Crab Feed

DATE: Saturday, March 6th
TIME: 6:00pm - No Host Cocktails
7:00pm - Dinner
Join us after for Raffle & Dancing!
PLACE: St. John Vianney Parrish
10497 Coloma Road,
Rancho Cordova, CA 95670
TICKETS: \$37.00 / 916-739-8525

**Tickets go on sale
January 2010!!!**



If you would like information about tickets or to have a reminder flyer sent to you, please email Mimi at mimi@ffburn.org

2008 FFBI Year End Expenditures



- Education (18%)
- Prevention (11%)
- Recovery (36%)
- Research (6%)
- Outreach (17%)
- General Admin. (8%)
- Development (9%)

2008 Expenditures: \$850,530.00

You can feel confident when you give to FFBI knowing that 83% of every dollar spent goes to burn care, recovery, prevention, research and education.

Firefighters Kids Camp *An Experience of a Lifetime*



Article Written By: Catharine Shaw, Program/Volunteer Coordinator

There is nothing in the world more satisfying than knowing that you've made a positive impact in the life of a child. Each year dozens of volunteers at Firefighters Kids Camp do just that... they make a difference. Firefighters, nurses, burn survivors, medical professionals and civilians staff this one-week summer camp program for burn-injured children ages seven to seventeen. It's a place where kids can be "just like everyone else." There are no stares, no social avoidance and no awkward interactions; just fun, friendship, understanding and encouragement in a safe and caring environment. Camp provides an opportunity for kids who have experienced terrible circumstances to see a future filled with endless possibilities. Many campers return year after year and it's those veterans who mentor the new campers not because they are asked to, but because they want to.

Firefighters Kids Camp was held this summer from August 2nd-8th. The week was filled with fun activities such as nature hikes, swimming, rafting, archery and plenty of arts and crafts.

Staff recruitment for camp begin each year in early spring. The counselors arrive at camp a day early for training. In addition there is one pre-camp training mid-summer. For those who are unable to commit to an entire week, we have other volunteer opportunities including bringing up boats to South Lake Tahoe for our beach day. If you are interested in more information about Firefighters Kids Camp please visit our website at www.ffburn.org or call Catharine Shaw at (916) 739-8525.





**FIREFIGHTERS
BURN INSTITUTE**

Place
Stamp
Here

3101 Stockton Blvd.
Sacramento, CA 95820

FIREFIGHTERS
BURN
INSTITUTE

WWW.FFBURN.ORG

Phone: 916-739-8525
Fax: 916-455-4376
E-mail: staff@ffburn.org

The Firefighters Burn Institute meets the Northeast California Better Business Bureau standards for ethical conduct and charitable accountability.



CAUTION: We are aware of ongoing telephone soliciting for burn programs by questionable charities.

The Firefighters Burn Institute DOES NOT solicit donations over the telephone.

ATTENTION
FIREFIGHTERS!

Volunteer Opportunities

• **SPEAKERS BUREAU**

Throughout the year, FFBI is invited to make presentations at local agencies and to send representatives to events and speaking engagements. Your help will assist in increasing public awareness of giving opportunities and burn programs.

• **BOOT DRIVE** *February 12-15, 2010*

Looking for a fun way to get more involved with the Boot Drive? Join the committee! Planning meetings for this year's event begin in November and we would like to invite you to become a member.

• **CRAB FEED** *March 6, 2010*

Even if you don't like seafood, the crab feed is the place to be. Come out and sell raffle tickets, work in the kitchen, decorate, assist with set up for the event or do breakdown. There's so much opportunity to help!

For more information or to volunteer, please contact Catharine Shaw at (916) 739-8525 or email catharine@ffburn.org

Our Location:



**FIREFIGHTERS
BURN INSTITUTE**

Founded in 1973 by Sacramento Area Fire Fighters, Local 522

Firefighters Burn Institute

3101 Stockton Blvd.
Sacramento, CA 95820
(916) 739-8525

