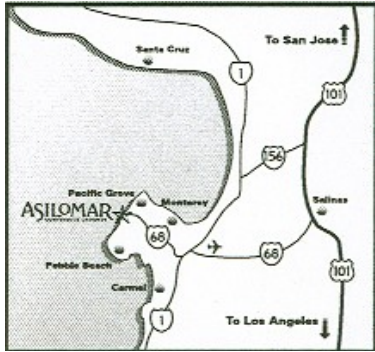


MAP & DIRECTIONS



From Sacramento:

Take I-5S to Hwy 33 exit towards Santa Nella / Gilroy. Turn right onto Santa Nella Rd / Hwy 33. Merge onto Hwy 152W toward Gilroy. Stay straight to go onto Hwy 156W. Take 101S to 156W. Take 156W to Hwy 1S, through Monterey to Pebble Beach / Pacific Grove exit, turn right on Holman Hwy / 68W. Stay on Hwy 68W / Holman Hwy for 3.5 miles until it becomes Forest Ave. Continue on Forest Ave for about 1 mile. Turn left onto Sinex Ave. In just under 1 mile, Sinex Ave ends right at the front gates to Asilomar.

From San Francisco or San Jose:

Take 101S to 156W. Take 156W to Hwy 1S, through Monterey to Pebble Beach / Pacific Grove exit, turn right on Holman Hwy / 68W. Stay on Hwy 68W / Holman Hwy for 3.5 miles until it becomes Forest Ave. Continue on Forest Ave for about 1 mile. Turn left onto Sinex Ave. In just under 1 mile, Sinex Ave ends right at the front gates to Asilomar.

From Los Angeles, Santa Barbara or San Luis Obispo:

Take 101N through Salinas to 156W. Take 156W to Hwy 1S, through Monterey to Pebble Beach / Pacific Grove exit, and Hwy 68W. Hwy 68W / Holman Highway becomes Forest Ave. Continue on Forest Ave for about 1 mile. Turn left onto Sinex Ave. In just under 1 mile, Sinex Ave ends right at the front gates to Asilomar.

From Salinas:

Take Hwy 68W to Hwy 1S to Hwy 68W to Pacific Grove. Just past the Monterey Peninsula Airport, Hwy 68W overlaps Hwy 1 for about 5-6 miles. Stay on Hwy 68W / Hwy 1 and take the Pacific Grove exit and Hwy 68W. Hwy 68W / Holman Hwy becomes Forest Ave. Continue on Forest Ave for about 1 mile. Turn left onto Sinex Ave. In just under 1 mile, Sinex Ave ends right at the front gates to Asilomar.



3101 Stockton Blvd

Sacramento, CA 95820

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Join us for a peaceful weekend at a seashore resort

"Beyond Surviving"
**ADULT BURN
RECOVERY RETREAT**

April 30 - May 2, 2010

SPACE IS LIMITED

*Asilomar Conference Grounds
Pacific Grove, CA*

14TH ANNUAL "Beyond Surviving" ADULT BURN RECOVERY RETREAT

Sponsored by the
Firefighters Burn Institute

April 30th at 5:00pm -
May 2nd until noon

Asilomar Conference Grounds, Pacific Grove, CA

Asilomar State Beach is located on the Monterey Peninsula in the city of Pacific Grove, California. Nestled along the shoreline of California's famed Monterey Peninsula, Asilomar is a tranquil ocean front retreat cradled by forests and white sand beaches. Asilomar State Beach and Conference Grounds sits on 107 acres & features breathtaking views of the forest, surf and sand.

The Beyond Surviving Retreat offers a unique opportunity for adults who have been affected by the emotional and physical pain of a serious burn injury to meet others who have gone through a similar experience and to build a network of support.

The Asilomar Conference Grounds provides a scenic and relaxing environment for sharing feelings and healing from the inside out.

Facilitators Biography

◆ Megan Bronson, PMHCNS-BC

Megan Bronson is a Board Certified Psychiatric Mental Health Clinical Nurse Specialist in private practice as a consultant and psychotherapist specializing in grief and trauma. She has extensive experience in helping survivors of trauma, loss, and traumatic loss to heal and to reclaim life. She is certified as a Trauma and Loss Consultant through the Institute for Trauma and Loss in Children and is an approved EMDR therapist. Megan helped to develop and is on the national advisory board of "SOAR", a peer support recovery program for burn survivors offered through the Phoenix Society. She facilitates retreats for cancer and burn survivors nationally and is a frequent speaker and presenter at the World Burn Congress on pediatric as well as adult burn and trauma, loss, and recovery related issues. Megan has served as an advisor and psychosocial staff member for burn camps and is committed to developing the therapeutic aspects of burn camps and retreats. Megan is the author of "Helping Children to Heal the Effects of Loss and Trauma After Burn Injury: A Guide for Parents and Caregivers" as well as many articles on recovery after loss and trauma.

◆ Debra Jones, RN

Debra serves as the burn outreach coordinator for UC Davis Regional Burn Center. She has been a nurse for 20+ years, specializing in burn treatment for more than 16 years. She is a clinical nurse educator of burn team members, burn survivors, and other healthcare/fire service professionals. She's a speaker for public awareness, burn education and prevention. She facilitates a burn support group, is the local SOAR coordinator and serves as a burn foundation and firefighter liaison. She serves on numerous committees including the American Burn Association, Canadian Association of Burn Nurses, Sacramento Valley Juvenile Firesetters and Partners in Prevention. She has published articles pertaining to burn care, education and prevention, as well as performs duties as Editor/Chief Writer of The Burn Net newsletter.

Transportation:

The Asilomar Conference Center is located approximately 3.5 hours from Sacramento in Pacific Grove, CA. *Each attendee is responsible for his/her own transportation.* However, if you need assistance, please contact our office to see if ridesharing is available.

Fees/Payments:

Thanks to generous sponsorship through the Firefighters Burn Institute this retreat is offered for only **\$99 per participant**.

Scholarships:

Financial assistance is available and awarded on an individual basis.

Applications:

The deadline to register is **February 15, 2010**.

Cancellations:

If you are unable to attend, it is important that you contact us as soon as possible. Registration is fully refundable if the cancellation is received on or before February 28, 2010. Due to contractual obligations, ***cancellations after February 28th are non-refundable.***

SPACE IS LIMITED

To register please contact:

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www.ffburn.org

Debbie Jones, Outreach Coordinator
UCD Regional Burn Center
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